RELATIONSHIP TIPS

(SHORT PREVIEW)

CONTENTS

- 1) Things you must know about your guy
- 2) Impress Guy's family
- 3) How to Resolve Fights With Your Spouse
- 4) Sex Life Bring Back the Sizzle

1) Things you must know about your guy:

If you are going steady in your relationship, then you need to know some things about your boyfriend.

His Past Affairs:

Ask him about his past affairs if any. If he is not comfortable about the topic, then do not force him. But at least know about his serious relationships.

→ His Future Plans:

If you are serious about him, then you must know about his future plans. This is your right as well.

His Likes:

It is a must to know about his likes and dislikes. If you are aware about his likes, you would understand him in a better way.

> Things that charms him:

Do you know what charms your boyfriend in a girl? Well, you must know about this.

> Things he Loves to Eat:

'The way to a man's heart is through his stomach' may sound clichéd to you, but this is absolutely true. You must know about the things he likes to relish.

> Thoughts about Marriage:

Most men are commitment phobic, so they don't like to open up about the marriage issues. You should indirectly talk about this topic. Try to know what is on his mind.

2) Impress Guy's family:

Some women hate meeting a guy's family, but when you know the right ways to get his family to like you, it's a stress free event.

A guy's family is going to be judgmental when he brings a new girl home. It doesn't mean they hate you.

Here are way's to impress your guy's family.

➤ Know What Not To Say:

- Every family has certain hot button topics. One of the easiest ways to get his family to like you is to simply avoid bad topics.
- Talk to your partner before the big meet and see what's off limits.

> Be Honest:

- You honestly don't know what your guy has told his family about you.
- It's their job to learn as much as possible during a single meeting.
- They will ask awkward questions.
- Don't get defensive.
- Remain calm and answer any questions they ask as respectfully as possible.
- If there's something you are not comfortable with, tell them you're not comfortable discussing that right now.

> Talk about Interests:

- Everyone loves talking about things they enjoy such as hobbies or their career.
- Talk to your guy about things you and his family might have in common.
- Any time the conversation starts to make you feel uncomfortable, bring up one
 of your mutual interests.

> Speak up:

- Even if you're naturally shy, his family will think the worst of you if you're quiet the whole time.
- Participate in conversations.
- Ask his family questions.
- If nothing else, ask for some funny stories from his childhood.
- Parents and siblings love sharing stories.

Dress Nicely:

- You don't have to wear formal attire, but dress appropriately for the meet.
- You want to make a good first impression.
- This isn't the time for your tightest or sexiest clothes.
- For casual meetings, nice jeans and a solid-colored tee are fine.
- If you're not sure, ask your guy how his family typically dresses and what you should wear.
- After all, he wants you to make a great impression too.

➢ Go to Family functions:

- You'll have to interact with his family more than the initial meeting.
- You don't have to go to every family function, but try to attend as many as possible.

> Invite them out:

- The more his family gets to know you, the more they'll like you.
- Try to find times to invite his family to do things with the two of you.
- For instance, you could host a dinner or meet everyone at a restaurant.
- Not only will you feel more comfortable, but they'll be happy to be invited.
- If you feel comfortable enough doing things with members of his family on your own, even better.

> Interact with his mom:

- This is probably the most important step and it can go a long way in helping you connect with his family members.
- If you can, try to get some one-on-one time with his mom.
- Slip into the kitchen when she's making coffee or cleaning up after dinner and thank her for having you over.
- She will most likely appreciate the fact that you've taken the time to approach her directly and it shows you want to make a good impression.

3) How to Resolve Fights With Your Spouse:

Fights when not handled properly may cause drift between you and your partner

Fights add a touch of spice to all the relationships, which otherwise would just be bland.

> Do not hesitate to apologize:

- Apologizing does not necessarily make you a smaller person.
- On the other hand, it shows that you are a mature individual who does not shy away from admitting the mistakes.

Forgive and Forget:

- Though the above phrase is easier said than done, it needs to be implemented by you in your day-to-day life in order to establish a strong relationship.
- When your partner apologizes to you for their mistake, you need to take the high road and forgive without any reservations.

Make a Resolution:

- If the fight has been a big one, and you both have learnt something significant from it, ensure that you put it to good use.
- Make a resolution after the fight so that the reason that caused the fight this time will not occur again.

Don't just dump the fight:

- Moving ahead without fixing a problem is a sure shot invitation to a bigger problem in the future.
- So whatever the fight was about, you and your partner need to sit down and analyze the root cause.
- This helps to foster strong understanding between the two of you and strengthen the relationship.

Each fight could bring you both close, or pull you further apart from each other depending upon how you end it. Always try to mend your fights and keep a healthy relationship.

4) Sex Life - Bring Back the Sizzle:

Looking for ways to add some spice to your sex life? Here a few tips for men to entice their women:

- A NEW SCENE: A change in the scenery can change her mood to a great extent. Maybe you should rent a nice hotel room for a night.
- Massage oils and candles: Light a few aromatherapy candles in your bedroom or bathroom (if it is big enough). Give her a nice massage (You do not need a degree for this. Just make sure that she is comfortable with whatever you are doing.
- Slow things Down: Liner on...make it last. Do not rush through sex to get it over with.
- **Do It Together:** Watch a nice mushy love-story together. Take a shower together. Spend sometime in the kitchen, maybe you will both end up cooking something delectable!
- Compliment her: Always compliment your partner. Tell her how much you appreciate the little things she does for you. Mean all that you say. Positivity can ignite passion very well.
- Try Something New: Leave the lights on, use full length mirrors. Explore ways to
 increase the intimacy levels. Don't be afraid to try new things in the bedroom. You don't
 eat the same food every day, so why stick with same position always?
 Try out something new. You may surprise your partner and yourself.
- **Ensure a Romantic Setting**: You need to make sure that your bedroom is a romantic place. Think flowers, satin sheets.